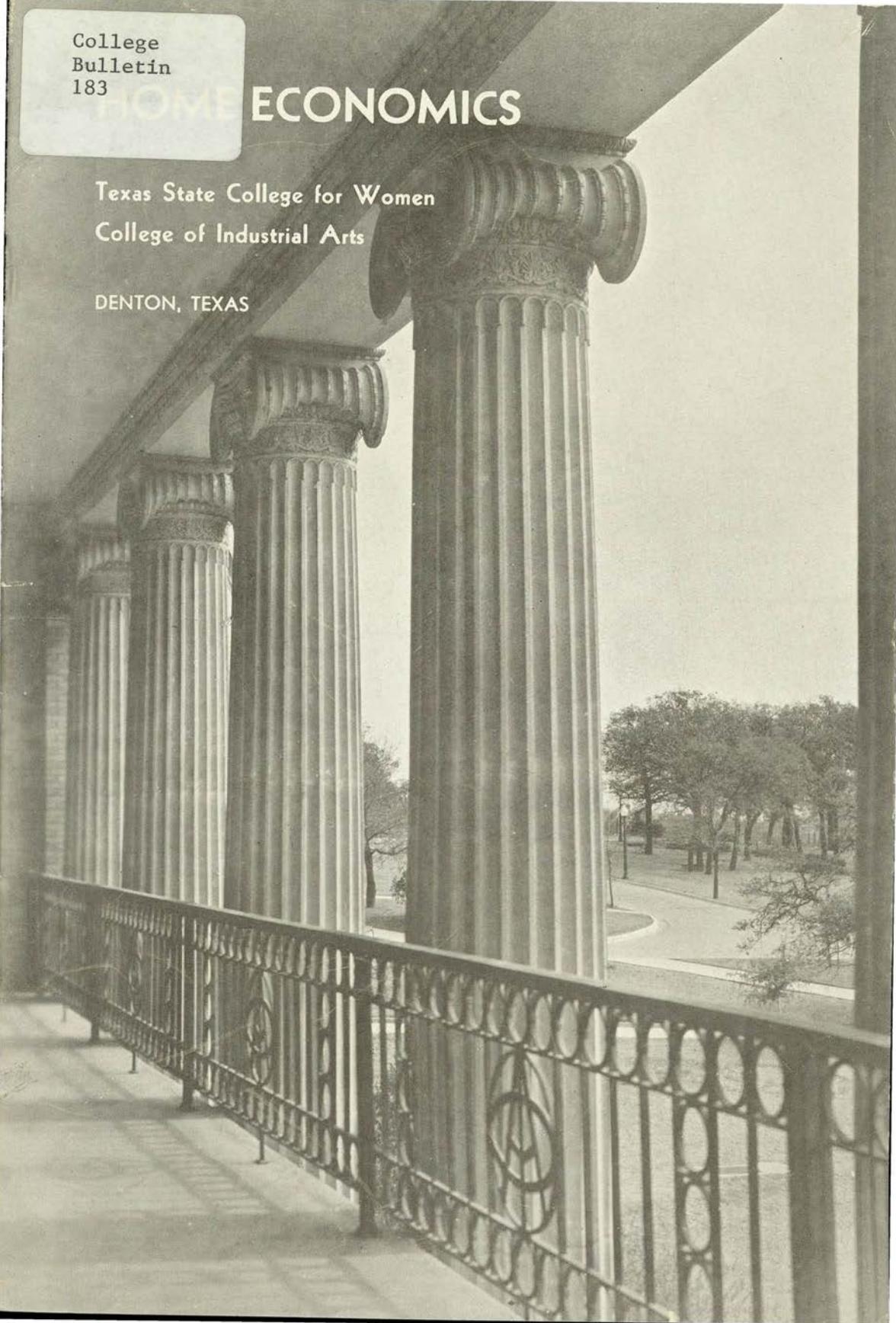


College  
Bulletin  
183

# HOME ECONOMICS

Texas State College for Women  
College of Industrial Arts

DENTON, TEXAS



"To him that knoweth not the port to which he  
is bound no wind can be favorable." --- Leighton.



## Foreword

The high school graduate is asking herself whether or not it pays to go to college and what college offers her in preparation for her life's work. She seeks ways and means to develop her interests and aptitudes in fields which seem to offer her the greatest chances for success.

Home Economics offers exceptional advantages as a preparation for the vocations and professions and is attracting more and more girls into the field. It is ever widening its scope of usefulness and offers increasing opportunities for professional advancement. It also affords a rich offering in cultural values.

It is the purpose of this booklet to tell of opportunities in home economics at the Texas State College for Women and to suggest to those who contemplate a college career, fields of training rich in possibilities for service and development.

# Why Study Home Economics?

Home economics is a vital field. It is a study of the fundamentals of life and living. It is concerned with the moral, aesthetic, social, physical and spiritual aspects of the home and of the family. Since it deals with the practical problems of life it is rich in vocational opportunities.

Teaching offers one of the major vocations for the home economics trained woman. The aim of the vocational home economics course is to prepare for high school teaching, while the more specialized courses fit students for teaching in junior and senior colleges and for supervisory positions.

Home demonstration work is another of the vocations growing out of the home economics group and is based on specialized courses in home economics and rural arts. This field prepares for county, district and state positions. There is also a limited opportunity for those having particular aptitudes to serve as specialists in such work as nutrition, clothing and home management.

Hospitals are employing trained women as administrators and as consultants and executive dietitians. Business recognizes the value of home economics training for positions in hotels, commercial cafeterias and tea rooms. Industry is seeking trained women as managers of the home service departments of utilities, as demonstrators and as research workers. More and more the large department stores are employing home economics trained women as managers of lunch service, as stylists and as buyers or consultants in the various departments. Home economics affords a valuable background for the girl who aspires to enter the fields of journalism or social service.

Since the majority of girls eventually enter upon the profession of home-making, home economics has an unquestionable place in the educational program of the present-day college. In this work the girl finds much to enrich her life whether or not she enters any specific vocation other than home-making. She is enabled to make economic adjustments and at the same time maintain her high ideals of home life.



South entrance to Home Economics Building.

## Home Economics

### STANDS FOR:

The ideal home life of today, unhampered by the traditions of the past.

The utilization of the resources of modern science to improve home life.

The freedom of the home from the dominance of **things** and their due subordination to **ideals**.

The simplicity in material surroundings which will most free the spirit for the more important and permanent interests of the home and of society.

--- Ellen H. Richards.

# Why Study Home Economics at Texas State College for Women?

For three decades the women and girls of Texas have had a peculiar share in the state's progress because of the opportunities afforded them in their college for women at Denton. Hundreds of homes have been made brighter and happier because of the training received there and thousands of people have felt the influence of the college in one way or another.

The college was established primarily to afford training in the Industrial Arts. Throughout the years it has held its place as the leading school of home economics in the Southwest. The Home Economics Department has increased its scope of training and now offers courses covering all the important branches of the subject. It offers the degrees of Bachelor of Science, Bachelor of Arts and Master of Arts.

The Household Arts building occupies an attractive site on the west side of the campus. It is a large, imposing structure with architectural detail which reflects the classic style. In this building is housed most of the laboratory and lecture work. Laboratories are planned and equipped for work of a high quality and no effort is spared to maintain an efficient plant and an attractive atmosphere.

The Ellen H. Richards and the Mary M. Bralley cottages are home management houses in which students live for a number of weeks in groups of six to practice, under supervision, the art and science of home making.

The nursery school, housed in a cottage near the campus, affords opportunity for carrying on all the activities affecting the life of a normal young child. Here are play rooms with suitable toys and equipment, sleeping rooms, a bath with child's plumbing fixtures, a dining room and a kitchen. A small, well equipped play ground with "swimming pool" gives opportunity for out-door activities.

The faculty are specialists in their respective fields and represent the outstanding graduate schools throughout the country.



The nursery school is a training center in child development.

## Vocational Home Economics

Teacher-training in home economics has been one of the outstanding features of the college. It has supplied teachers in this field for the last thirty years.

The vocational home economics course meets the Federal and State requirements for the preparation of teachers for the vocational high schools. It also meets the requirements for the Bachelor of Science and the Bachelor of Arts degrees. The home economics courses are designed to give the student a thorough background for teaching the subject.

The College provides special facilities for training students to meet the problems in teaching home-making. The nursery school is maintained as a laboratory for the study of child development. The demonstration cottages provide actual experience in home management. Through the cooperation of the Denton public schools teacher-training is provided in a normal high school situation. Here the student observes others teach. Under the supervision of specialists she teaches consecutively for a whole semester during which time she has complete charge of the work. With the guidance of the supervisor she plans the course and is entirely responsible for the progress of the class. She also plans and supervises home projects and participates in adult education work and other community projects.



A student demonstrates the art of arranging flowers for table decoration.

## Foods

Due to the recent progress of research in the field of foods and nutrition the importance of education in this subject is now recognized more than ever before.

The major in foods consists of courses which combine the theoretical and the practical. The courses deal with the study of food preparation and service, dietetics, nutrition, the related sciences and problems of institutional organization and administration. Students acquire training and experience in managerial problems under expert supervision in the college cafeteria and tea room, in the Denton High School cafeteria and in the boarding departments of the college dormitories. Dallas and Fort Worth, being in close proximity, offer excellent facilities for observations in the study of marketing and in institutional organization and management.

The girl who has initiative and an aptitude for business may well consider taking this major. The girl who excels in technique and is interested in experimentation may, through this course, be led into an important field of research.

## Clothing and Textiles

A major in clothing based on four years of college work and leading to the degrees of Bachelor of Science and Bachelor of Arts prepares for specialized teaching and for vocations in various commercial fields. Certain clothing courses are required of all home economics students to fit them for their various needs, both personal and professional, and to give them an appreciation of the part clothing plays in the life of each individual.

The artistic, the technical, the historic, the economic and the social aspects of clothing form a basis for the courses of study. This work is supplemented with laboratory problems which give an opportunity for the acquisition of technical skills.

The clothing laboratories are exceptionally attractive and well equipped. All the leading American fashion magazines and a number of French publications are provided for the students' use. There is also a very fine collection of illustrative material --- fabrics, laces, accessories, prints, photographs and charts to aid students in their study.





Beef canning in progress in Rural Arts Building.

## Home Demonstration

The Rural Arts Department of the College is allied with that of Home Economics and prepares students for the work of home demonstration. The four year course leads to the degrees of Bachelor of Science and Bachelor of Arts.

Qualifications for success in this work include a natural interest in rural problems, an understanding of people, a strong physique, enthusiasm and the ability to organize and to administer.

The program of work deals with many of the important rural home problems and includes specialized courses in dairying, gardening, poultry production, preservation of food, house planning, furnishing and landscape gardening. Courses in home economics also are required as well as the usual liberal arts subjects.

During the four years students are kept in close touch with the various home demonstration activities of county, district and state through their field trips and their many participations in the projects of the groups.

# General Home Economics

This course provides a liberal educational background in the major fields of home economics, in the sciences, fine arts and liberal arts. Groups of subjects may be chosen leading to the Bachelor of Science and to the Bachelor of Arts degrees.

While this course includes much which is background for vocations, its main purpose is to train a girl to become an intelligent and capable member of the family and the community. Through greater knowledge and efficiency she is enabled to dignify the problems of the home and to find in them the higher values in life. To this end she must study broadly. She must participate in activities in situations similar to those in the home. She must acquire an appreciation of the ideal home atmosphere in which only the very finest moral, social, aesthetic and spiritual influences leave their imprint.

## THE WOMAN'S TASK

"A house is built of bricks and stones, of sills and posts and piers,  
But a home is built of loving deeds that stand a thousand years.  
A house, though but a humble cot, within its walls may hold  
A home of priceless beauty, rich in Love's eternal gold.  
The men of earth build houses, halls and chambers, roofs and domes  
But the women of the earth --- God knows --- the women build the homes."  
--- Nixon Waterman.

The art of fine home making is practiced in Demonstration Cottages.



## GRADUATE STUDY

The College maintains a graduate department in home economics offering courses leading to the degree of Master of Arts. The graduate student makes an intensive study in a special subject of her own selection. Her major may be chosen from Clothing and Textiles, Foods, Nutrition or Institutional Management. The minor is selected from a closely related field as stipulated in the graduate catalogue.

The student working toward an advanced degree is expected to have the ability to do intensive study. She must master her subject through reading critically and widely and through laboratory inquiry and experimentation. She must acquire some knowledge of the methods of research and have an appreciation of its value. She must be able to make investigations with an open mind and develop logical conclusions.

The college library contains excellent source material for advanced study. The graduate student has access to the fine collection of reference books as well as the most important current research journals and classified pamphlets. Bound volumes of periodicals are maintained up-to-date and authentic new publications are being added constantly. The library also offers a special service to graduate students by securing loan materials from other institutions.

## PLACEMENT OF GRADUATES

The College maintains an educational bureau which aids students in securing positions.

The vocational home economics course affords exceptional opportunities for graduates. The demand for vocational home economics teachers from the College has usually been much greater than the supply. Even under present conditions the educational bureau has been able to place all graduates from this course.

The graduates with a foods major are placed as managers of college dormitories, school lunch rooms and cafeterias, clubs, commercial lunch rooms and as hospital dietitians. These graduates are holding positions in almost every important town and city in Texas and in many other states extending from California to the eastern coast.

For the clothing majors good teaching positions are available in the larger school systems and in the junior colleges. Enterprising students with business abilities find opportunities in the commercial field.

Suitable candidates readily secure home demonstration positions. The department has a large representation among the home demonstration agents now in service in Texas and in other states. There are special opportunities for advancement in this field for those who have ability in organization and leadership.

Students who hold the baccalaureate degree and especially those who have had successful experience in teaching increase their opportunities for professional advancement by taking advanced work in a specialized field. Students from the graduate school are placed in the better high schools, in supervisory positions and as teachers in junior and senior colleges.

## STUDENT LIFE AND ACTIVITIES

A happy atmosphere prevails at the college and a spirit of good fellowship marks the life of the students. Dormitories and uniforms foster democracy and enable many to attend college who would otherwise find it too expensive. Every effort is made to give the girls a normal and satisfying social life. The auditorium is the center for lectures, concerts, plays, recitals and many other forms of educational and cultural productions. The gymnasium, athletic fields and the college camp at Lake Dallas afford opportunities for all types of sports, including golf, tennis, canoeing, sailing and riding.

Several professional and honorary societies enlist the interests of home economics students. The George-Lee Club is a freshman home economics society. The Mary Schwartz Rose Club is open to upper class home economics majors. Freshmen who attain a high scholastic average are elected to Alpha Lambda Delta, the national Freshman Honor Society. Upper classmen who have high scholarship attainment become eligible for Alpha Chi. Each year Honors Day is observed by appropriate public recognition of students receiving Freshmen and Intermediate Honors. Final Honors are awarded by honorable mention at the time of graduation.

# General Information

## COST OF ATTENDANCE

The expenses of attending the Texas State College for Women depend largely upon the disposition and habits of the student. Including the College charges for tuition, board, room, fees, text-books, and the incidental expenses for travel, uniforms, laundry etc., the cost should vary from \$350 to \$500 for the regular session of nine months.

The College charges for the NINE MONTHS' SESSION are as follows:

Tuition .....	\$ 50.00
Book-rental, laboratory, medical, and student- activity fee (optional) .....	15.00
Room rent .....	50.00
Board .....	150.00
Total .....	\$265.00

In addition to the charges enumerated above, each student, on registration, is required to make a book, laboratory, and material deposit of \$6.00. This \$6.00 deposit is refundable at time of withdrawal if no damage or loss has been incurred by the student.

Of the total of \$265.00 in charges enumerated above, one-half, or \$132.50, is payable each semester. The deposit of \$6.00 is required only once each session.

## SMITH-CARROLL CO-OPERATIVE DORMITORY

The cost of room and board to students in Smith-Carroll cooperative dormitory is \$25.00 per semester less than in the regular dormitories, i.e., \$75.00 each semester for room and board instead of the regular charge of \$100.00 each semester. For details address Mrs. Belle Staniforth, Director, Smith-Carroll Hall, Denton, Texas.

## LIGHT HOUSEKEEPING

Students who are unable to pay the cost of room and board in the regular dormitories or in Smith-Carroll will be permitted to make light housekeeping arrangements in organized groups under the direction of the College authorities. For details regarding light housekeeping address the Dean of Women, Texas State College for Women, C. I. A. Station, Denton, Texas.

## UNIFORMS

The expense of the College uniform is moderate. It is advisable to plan to buy the garments as needed rather than purchase the whole outlay at the beginning. The following uniform garments, which are the only articles requiring special patterns, will ordinarily be sufficient for two years' wear. These may be purchased ready made, in Denton after the student's arrival, if desired.

3 dresses (Chambray); 3 dresses (White poplin); 1 dark blue dress (silk or wool); 1 gymnasium outfit; 1 sweater.

The total cost of these articles, based on prevailing prices, is less than \$55.00. This cost may be reduced by making some of these garments at home.

The Committee on Student Employment is designed to render all possible assistance to those seeking employment. All communications in regard to this matter should be addressed to the Dean of Women, Texas State College for Women, Denton, Texas.

## COLLEGE BULLETINS

Further information may be secured on request from the Registrar, C. I. A. Station, Denton, Texas. When writing indicate the bulletins desired by checking the following list:

Regular College Bulletin, 1934-1935	No. 179
Picture Bulletin	No. 181
Graduate Bulletin	No. 178
Uniform Bulletin	
Summer Session Catalogue	

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