

Understanding Adults' Perceptions and Descriptions of Narcissistic Parenting: An Analysis of Reddit Discussions

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INTRO

The effects of unwarranted or problematic narcissistic parenting behaviors have been shown in studies to have a lasting impact on children who have reached adulthood. In this study, we explore the attitudes and experiences of Reddit users in the subreddit Raised by Narcissist Images (r/RBNImages) to examine how adults characterized narcissistic parenting behaviors. The mental health and general wellbeing of adult offspring of narcissistic parents can be significantly impacted by narcissistic abuse (Määttä & Uusiautti, 2018). We can learn more about the special difficulties and struggles that people who have grown up with a narcissistic parent encounter by looking at their experiences and points of view (Määttä & Uusiautti, 2018).

THEORY

According to Kohut's theory of self-psychology, narcissism is a normal and essential element of development the development of narcissist disorders can produce challenges in maintaining adequate self esteem in later stages of development. Narcissistic parents may not be unaware of the negative effects that they are causing to their children.

RESEARCH QUESTION

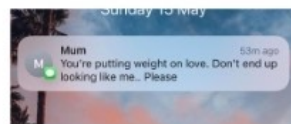
How do adults describe a narcissistic parent?

OBJECTIVE

The aim of this study is to examine how adults in online subreddit communities describe behaviors associated with a narcissistic parent.

“Just hearing the way the mother responded to her child with such kindness and patience. Didn't realize how much I want this.”

“Couldn't thank them enough for destroying me with these little words”



METHODS

Data Collection: The research team met and evaluated 200 Reddit posts as a team. We downloaded all of the posts and coded the posts using Atlas.ti software. The posts were distributed amongst the research team. The team met weekly to report and discuss findings and discussions throughout the data collection process.

Data Analysis

The analysis was initially conducted through inductive coding, using both open and in vivo coding. Second and third rounds of coding were performed after the researchers completed the first round.

PRELIMINARY RESULTS

During the coding stage, a diverse array of themes emerged, and we have images that illustrate the recurring themes. Please refer to the attached images for a comprehensive overview of all themes

DISCUSSION

In the short term, children with narcissistic parents may experience anxiety, depression, and low self-esteem. In the long term, the effects of narcissistic parenting can be even more severe. Children may continue to struggle with low self-esteem and relationship difficulties into adulthood. In conclusion, unwarranted or problematic narcissistic parenting behaviors can have a lasting impact on a child's development and well-being. It is important for parents to be aware of their behavior and strive to create a healthy and nurturing environment for their children.